



New Spring U19 Devo Structure



Howdy, High School Devo riders!

There are some exciting changes coming to the Spring season of Devo's high school programs in 2019. Devo's goal, now more than ever, is to make sure we are providing the best experience for you as riders. That means, providing opportunities for you to learn, grow, and ride with your friends, challenge yourself, and most of all, have fun!

Over the past few years, we've noticed something: our High School League season in the fall is SWEET! In the fall, the high school team is a co-ed group for ALL ability levels, that practices and trains together! At practice, you break into groups based on how you're feeling that day and your own personal goals. Overall, we noticed that our Fall High School League is WAY more popular than our Spring program, mainly because EVERYONE gets to practice TOGETHER!

So, this spring, Devo is putting together what is essentially a Spring "High School League!" Like the NICA season, Spring U19 will be a single, co-ed group (no more DRP, *per say*) for ALL ability levels. You'll ride with a wide variety of coaches that can cater to all ability levels. So, at the start of practice, we'll break into groups based on your personal riding goals. Those that want to get pinned and cover some serious miles can ride with Levi, Sam, or Sarah Sturm, and those that want to have a more relaxed day, chatting with friends and practicing skills can ride with Tina, Mike, or Ashley.

Riders who want extra challenge can sign up for a third (or in the summer, fourth) day per week of practice which will be a dedicated "challenge" day, where serious training will be the name of the game. This is will be the equivalent of what used to be the "DRP" program last year and is



NOT REQUIRED for all U19 riders! You'll see this 3-4 day challenge option clearly delineated in the registration. Basically, registration will look like this:

<p>Spring U19 Registration Co-Ed Relaxed (2 days/week, Tues/Thurs) \$550 for 16 week program (4/9-8/1) (Total of 32 practices + trips) *Includes a jersey</p>	<p>Spring U19 Registration Co-Ed WITH Challenge Days (3-4 days/week) Tues/Wed/Thurs + Sat (summer) \$800 for 16 week program (4/9-8/1) (Total of 52 practices + trips) *Includes a jersey</p>
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Then, your weekly practice schedule will look something like this (again, EVERYONE practices together, so the two different registrations above are really just to sort out the difference in price by adding on the extra challenge days – both registrations are signing up for the same TEAM!)

Monday Off	Tuesday U19 – Coed ride. Split into groups on riding goals.	Wednesday CHALLENGE DAY Dedicated hard riding day.	Thursday U19 – Coed ride. Split into groups on riding goals.	Friday Off	Saturday CHALLENGE DAY (summer only Dedicated hard riding day.	Sunday Off

Similar to the NICA League, Devo will offer 4 out-of-town travel weekends (plus Top Secret Training Camp) to ALL U19 riders. Most travel weekends will be for a race (like the Soldier Hollow ProXCT or Nationals), but there will also be a casual, non-competitive weekend trip, as well to Crested Butte! We also have some local supported races on the schedule. Check out the U19 travel and race schedule below. All events that are marked as a “Team Trip” are the supported U19 travel weekends.

1. **(Team Camp) April 12-14 – Top Secret Training Camp!!**
2. **(Team Trip) May 4-5 - Soldier Hollow ProXCT (UCI C1 XCO, UCI C3 XCC), Midway UT**
3. **(Local) May 11 - 12 Hours of Mesa Verde, Cortez CO**
4. **(Local) May 25-26 - Iron Horse Bicycle Classic, Durango CO**
5. **(Team Trip) June 6-9 - GoPro Games, Vail CO**
6. **(Team Trip) June 28-30 - Crested Butte Bike Week, Crested Butte CO**
7. **(Team Trip) July 25-28 - US MTB National Championships, Winter Park CO**



To summarize, here are the bullet points:

- No more DRP. Like the NICA League, everyone rides together!
- Co-Ed Practices
- We will have a large group of awesome coaches who can cater to all of your riding goals.
- The group will split into sub-groups based on ability level, and their own personal goals. Some riders will focus on racing, while others will choose to stay non-competitive.
- One team – hang and ride with your friends at every practice!
- You'll have the option to ride as hard as you like at each practice.
- 4 out-of-town travel weekends/races. Race support at most of the big races in CO.
- Plus, non-competitive travel options to Crested Butte and Top Secret Training Camp.

We hope that this new structure for Devo's U19 teams will help keep you all stoked to come to practice throughout the season! We're looking forward to shredding with all of you!

If you have any questions, feel free to reach out to Chad or Levi!

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