

## Durango DEVO U14 Team

**The Durango Development (DEVO U14) Team is a community-based junior program to develop middle school kids in the mountain bike race arena to promote skills, experience, and competition. DEVO U14 is for middle school age kids interested in continuing to build skills, ride for fun and begin to pursue racing. Although these youth may still be interested in other sports, this group is much more serious than DEVO Jr. meeting more often and traveling to races. Racing is not mandatory. Promoting the sport in a fun environment is the overall goal, but some specific training is involved.**

### Goals

1. Preparation of each athlete in various aspects of the sport of mountain bike riding
2. Introduce racing to those new to the sport and continue to promote racing skills to those who are already familiar with racing
4. Create an atmosphere where athletes work together as a team, while developing as participants in an individual sport
5. Provide riding sessions that encourage having fun on the bike, but also introduce training
6. Provide race support to athletes including pre-ride courses with coach and support during race.
7. Prepare each athlete for the next step in racing if they choose to race for the Devo high school team.

### Specifics

The Devo U14 will meet 2 times a week (Mon. and Weds.) for training with a USA Cycling certified coaches, **Annie Cheeney, Jess Reed, and Alicia Pastore**. Some Fridays, all four U14 and U19 teams will come together to race the Telegraph TT, do a Skill Sesh, race short track, pre-ride race courses as well as guest professional racers. As summer starts, practices will switch to Monday and Wednesday, with times to be announced later. The team will travel together to 5 races. \* Please note, racing is not mandatory, but it is a fun way to test your skills and hang with your team. The team races are when/where Devo coaches offer their support and expertise. Bike maintenance workshops, volunteering with Trails2000, meeting and riding with local professional riders will sporadically be a part of the team program.

### Includes

1. Coach led rides (2X/week) over five months (April thru August) as well as race support at 5 races.
2. Team training program
3. Guest appearances by Fort Lewis College races as well as local professional racers
4. Devo U14 jerseys at cost
5. Pro deal on Yeti Bikes
6. Bike gear at cost + 20% at Second Ave Sports
7. As part of Devo curriculum: Bike Maintenance instruction, skill development, endurance development, power/strength development, teamwork, race prep, respect for the community, respect for the environment and trails, and sportsmanship.

8. Racers' pictures posted on the Devo Blog
9. Monthly Training talks and seminars with local professionals
10. Bike Fitting at Rec Center April 13<sup>th</sup> 6-8 pm
11. Top Secret Training Camp
12. Devo Short Track series every Wednesday in the summer

### **Juniors Responsibilities**

1. Complete Devo U-14 application
2. Code of conduct
3. Pay team dues
4. Norba membership fees as well as racing fees
5. Responsible for getting themselves to and from practices and races
6. Equipment
7. Volunteering time which can include Devo Bike Swap, fundraising, race promotion, Trails 2000, and riding with Devo Jr. kids.

### **Team DEVO race schedule:**

**April 8-10<sup>th</sup> Devo Top Secret Training Camp**  
**April 30- May 1 Team Race #1 Fruita (MSC)**  
**May 21-22 Team Race #2 Salida (MSC)**  
**June 25-26 Team Race #3 Creste Butte (MSC)**  
**July 9-10 Team Race #4 Telluride (MSC)**  
**July 14-17 Nationals in Idaho**  
**August 6-7 Snowmass (MSC)**

**\* Please note, racing is not mandatory, but it is a fun way to test your skills and hang with your team. The above races are when/where Devo coaches offer their support and expertise.**

*Check [usacycling.org](http://usacycling.org) and [racemsc.com](http://racemsc.com) for more regional racing  
DEVO Velo Swap fundraiser during Iron Horse Weekend, May 28-31*

**Durango Devo**  
**Durango Devo -10 Town Plaza, Durango Co. 81301 779-8480**

# Durango Devo U14 Application



## **Personal Information**

Name: \_\_\_\_\_

Nickname \_\_\_\_\_

Address \_\_\_\_\_

Phone# \_\_\_\_\_ Email \_\_\_\_\_

## **Parents' Names, Cell and email contact**

**info:** \_\_\_\_\_

Age: \_\_\_\_\_ Grade level: \_\_\_\_\_ School: \_\_\_\_\_

**Racing Category** (or unknown): \_\_\_\_\_

**Norba Licence #**(if you have it already) \_\_\_\_\_

## **Experience**

Previous racing experiences and background

Other athletic experiences, school, after school, summer and winter:

Hobbies: \_\_\_\_\_

How often do you usually ride/ week? \_\_\_\_\_

Have you participated in other bike groups? (ex. BMX, Miller) \_\_\_\_\_

Did you participate in winter sports? \_\_\_\_\_ Which ones? \_\_\_\_\_

Do you own a road bike? \_\_\_\_\_

## **Goals for your racing**

Riding goals for this season: \_\_\_\_\_

Do you have any racing goals?

Are there any events that you are focused on for this season?

## **Participation Level**

Is your family taking a vacation? Do you know when? \_\_\_\_\_

Will you be working this summer? Do you know days/hours? \_\_\_\_\_

How often do you plan to race this season \_\_\_\_\_

Are there certain months/ dates that you will not be able to participate? \_\_\_\_\_

## Durango Devo Code of Conduct

1. Athletes shall treat them selves, coaches, and team members with respect and dignity and make a sincere effort to support the team and the shared goals of the team.
2. Athletes shall not use any illegal drugs, including any and all performance enhancing drugs as defined by the United States Anti Doping Agency, nor shall any athlete consume alcohol, or use any form of tobacco.
3. Athletes shall not engage in any manner of criminal activity.
4. Athletes shall wear a helmet while riding.
5. Athletes shall not take risks (willingly attempt anything which is beyond one's ability to control their bike safely).
6. Athletes shall stay on trails to limit damage and erosion to the environment.
7. Athlete's will follow all traffic laws.

*Remember, you are responsible for all your actions and words while riding on the Durango Devo Team. Your behavior reflects upon the team as well as Durango itself. Think of yourselves as ambassadors for the team, the sport of mountain biking, and your community.*

**I have read and agree to abide by the above statement.**

Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian  
Signature \_\_\_\_\_ Date \_\_\_\_\_